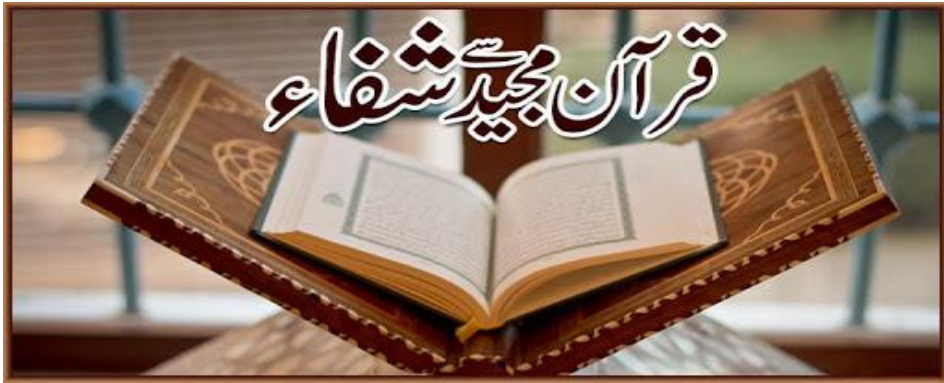


بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



ASH SHIFAA'
THE CURE

ASH SHIFAA'
The Cure
Ash shaafiyu hua Allah
The curer is Allah

Amongst all the exclusive attributes of Allah the Almighty **Ash Shaafiyu** is one of them alike **Al khaaliq, Al Maalik** etc.

Whereas everyone wants the **Shifaya** meaning the cure but it has to be clear on the fact that this cure belongs to in the hand of Allah the Al mighty and as such He is the only one curer for all our diseases.

In the first quarter of 2020 the outbreak of the most alarming Covid-19 is just one of them. Such calamities appeared many times in the past it is inevitable to happen in the unseen future. In all circumstances we must adhere ourselves with Allah the Almighty for the cure.

Our faith should be such as if it is destined then it shall happen and we have to ask the cure from the One who has got it meaning Allah the Al mighty. In anyway this does not mean that we negate or ignore the authentic treatments procedure of each and every disease of its kind. Rather we should follow properly all the precautionary measures and advises of the genuine physicians.

It is important to note that the cure is of two types:

One for **the heart** and One for **the body**.

For the later we are aware that heart is also part of body and its cure comprises physical heart as well. The cure for the former indicates rather spiritual cure which is recitation of **Holy Quran** and remembrance of death. It's the substance of a renowned saying of Prophet Muhammad (PBUH).

The following verses from the Holy Quran refers to for both types of cure as a whole.

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Holy Quran 9:14

قَاتِلُوهُمْ يُعَذِّبُهُمُ اللَّهُ بِأَيْدِيكُمْ وَيُخْزِهِمْ وَيَنْصُرْكُمْ عَلَيْهِمْ وَيَشْفِ صُدُورَ قَوْمٍ مُؤْمِنِينَ

Fight them; Allah will punish them by your hands and will disgrace them and give you victory over them and satisfy the breasts of a believing people.

Holy Quran 10:57

يَا أَيُّهَا النَّاسُ قَدْ جَاءَتْكُمْ مَوْعِظَةٌ مِّن رَّبِّكُمْ وَشِفَاءٌ لِّمَا فِي الصُّدُورِ وَهُدًى وَرَحْمَةٌ لِّلْمُؤْمِنِينَ

O mankind, there has to come to you instruction from your Lord and healing for what is in the breasts and guidance and mercy for the believers.

Holy Quran 16:69

ثُمَّ كُلِي مِنْ كُلِّ الثَّمَرَاتِ فَاسْلُكِي سُبُلَ رَبِّكِ ذُلًّا يَخْرُجُ
مِنْ بُطُونِهَا شَرَابٌ مُخْتَلِفٌ أَلْوَانُهُ فِيهِ شِفَاءٌ لِلنَّاسِ إِنَّ
فِي ذَلِكَ لَآيَةً لِقَوْمٍ يَتَفَكَّرُونَ

Then eat from all the fruits and follow the ways of your Lord laid down [for you]." There emerges from their bellies a drink, varying in colors, in which there is healing for people. Indeed in that is a sign for a people who give thought.

Holy Quran 17:82

وَنُنَزِّلُ مِنَ الْقُرْآنِ مَا هُوَ شِفَاءٌ وَرَحْمَةٌ لِّلْمُؤْمِنِينَ
وَلَا يَزِيدُ الظَّالِمِينَ إِلَّا خَسَارًا

And We send down of the Qur'an that which is healing and mercy for the believers, but it does not increase the wrongdoers except in loss

Holy Quran 26:80

وَإِذَا مَرِضْتُ فَهُوَ يَشْفِينِ

And when I am ill, it is He who cures me

Holy Quran 41:44

وَلَوْ جَعَلْنَاهُ قُرْآنًا أَعْجَمِيًّا لَقَالُوا لَوْلَا فُصِّلَتْ آيَاتُهُ
الْأَعْجَمِيَّةُ وَعَرَبِيَّةٌ قُلْ هُوَ لِلَّذِينَ آمَنُوا هُدًى وَشِفَاءٌ
وَالَّذِينَ لَا يُؤْمِنُونَ فِي آذَانِهِمْ وَقْرٌ وَهُوَ عَلَيْهِمْ عَمًى
أُولَئِكَ يُنَادُونَ مِنْ مَّكَانٍ بَعِيدٍ

And if We had made it a non-Arabic Qur'an, they would have said, "Why are its verses not explained in detail [in our language]? Is it a foreign [recitation] and an Arab [messenger]?" Say, "It is, for those who believe, a guidance and cure." And those who do not believe - in their ears is deafness, and it is upon them blindness. Those are being called from a distant place.

We conclude the topics with few important sayings of Prophet Muhammad (PBUH).

Du'a: I

Ajhibil ba'sa Rabban naas; Ishfi'y antash shaafi'y;
Laa shifaayun illa shifaayuk; Shifayul laa yugaadiru
saqma.

Meaning: Please take away this disease o' The sustainer of mankind; Please cure as you are The Curer; There is no cure except it is from you; Such cure as if there were no trace of the disease.

Du'a: 2

Allahumma inni asaluka bi anna lakal hamd; Laa ilaaha Illaa antal mannan; Badius samawati wal ard, Jal zalaali wal ikram Ya haiyu ya qaiyum; Allahumma inni asluka.

Meaning: O' Allah of course I seek your help being assured that all the praises belong to you; There is none to be worshipped but you the bestower; the originator of heaven and earth; the owner of Majesty and Honor; the ever-living and ever lasting; O' Allah of course I seek your help.

Du'a: 3

Allahumma inni asaluka ilman naafiya' Wa rijhqan wasiah'; Wa shihaayun min kulli daw'.

Meaning: O' Allah of course I seek from you the knowledge which is beneficial; and widely spreaded provisions of life; and the cure from all sorts of illness.

Ameen ya Rabb